Water. 4 Ways To Work It This Summer.

The iconic glass of water can sure get shafted this time a year in favor of its more colorful competitors. Fortunately, to get noticed, water’s taken it up a notch. As we head into summer, here’s how to make water hotter, yet cooler, for you and your family.

**Tap Back In**

As a reminder to simply turn on the tap to quench that thirst, I present to you the year’s best tap waters, as per the 25th Annual Berkeley Springs International Water Testing competition.

**Best Municipal Water 2015**

1st – Hamilton, OH

2nd – Emporia, KS

3rd – Clearbrook, Abbotsford BC, Canada

4th – (three way tie) Montpelier; OH, Dickinson, ND; Eldorado, CO

5th – Independence, MO

Howard County continually boasts high quality water, too. In fact, if you’re interested in the particulars, check out [the most recent report](http://www.howardcountymd.gov/uploadedFiles/Home/Reports_and_Publications/Public_Works/2014waterquality.pdf).

I love the economy of tap water, and it doesn’t log-jam the pantry and recycling bin like bottles of stuff do.



**Create**

Make water your summer soup. Get fancy (or kooky) and mix your favorite flavors. Let the kids in on the act. Pineapple cucumber mint is a favorite from [hellonatural.co](http://hellonatural.co/infused-water-ideas/).

**Muddle**

 

This is a muddler. It makes preparing infused waters more fun. I found this one on [etsy.com](https://www.etsy.com/listing/234190101/hand-made-olive-wood-muddler-mojito-wood?ref=market), but you can create a makeshift muddler at home using the back of a wooden spoon.

**Swig in Style**

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I learned this from a group of 14-year-old girls: water is cool because water *bottles* are cooler than soda and juice containers. They’ve got a good point. And with so many hip reusable bottles on the market, your water carrier can carry a style statement, too.