

BURP

BETTER!

BetterBeverageFinder.org

Dozens of Choices a Mom Can Love.

5 Reasons to Check Out BetterBeverageFinder.org:

- 1 Learn how other parents are keeping sugar in check.
- 2 Fructose smuctose — get sugar science served up simple and sweet.
- 3 See the latest news on sugar and how it affects your family.
- 4 Become a wizard at reading nutrition labels.
- 5 Find over 300 beverages that taste good and are actually good for you.



A service of the **Horizon Foundation of Howard County.**

HOWARD COUNTY.
Unsweetened.[™]
Life is better here.

