

What your child's lunch says about you



The crust-free turkey sandwich =
You go above and beyond to make them happy.



The “Good Luck on Your Test” handwritten note =
You always know how to make them smile.



The lack of sugary drinks =
You know there's something better.

Sugary drinks can put children at risk, which is why keeping them out of their lunch, and their home, can make a big difference in keeping them healthy. Find something better — a drink that you and your child can love.

Dozens of choices a mom can love.
BetterBeverageFinder.org

HOWARD COUNTY.
Unsweetened.™

Life is better here